



# LIVING REAL LIFE SERIES

## JESUS IN JEANS™

### ALL ABOUT MY BIBLE - QUARTER

#### Month 1 - Discovering God's Incredible Story

**Lesson 1:** My Bible is God's incredible story and teachings that help me live REAL life.

**Lesson 2:** My Bible is full of God's power working in me when I read it, meditate on it, and speak it.

**Lesson 3:** My Bible teaches me what is true and helps free me from doing wrong.

**Lesson 4:** My Bible can be more helpful if I understand it's history and how it was written.

*FOCUS VERSE: All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. 2 Timothy 3:16*

#### Month 2 - Understanding God's Incredible Story

**Lesson 1:** My Bible steers me away from sin and leads me to a relationship with God.

**Lesson 2:** My Bible offers me peace, hope, and strength when things look hopeless.

**Lesson 3:** My Bible corrects me and guides me in making the right choices.

**Lesson 4:** My Bible changes my life when I read it with the right heart and attitude.

*FOCUS VERSE: "Study this Book of Instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do." Joshua 1:8*

#### Month 3 - Choosing God's Incredible Story

**Lesson 1:** I can choose to write my own story or be a part of God's incredible story.

**Lesson 2:** When I write my own story I please myself. When I choose God's story I please Him.

**Lesson 3:** When I choose to be a part of God's story I become more like Jesus.

**Lesson 4:** When I choose to be a part of God's incredible story it keeps me balanced.

*FOCUS VERSE: "As surely as I live," says the Lord, "every knee will bend to me, and every tongue will confess and give praise to God." Yes, each of us will give a personal account to God. Romans 14:11 & 12*

### ALL ABOUT RUNNING THE RACE - QUARTER

#### Month 1 - Train Wisely

**Lesson 1:** A wise runner follows God's instructions above everything else.

**Lesson 2:** A wise runner reverently fears God more than what man can do to him.

**Lesson 3:** A wise runner is devoted to serving God through all tests and temptations.

**Lesson 4:** A wise runner finds favor with God as they face difficulties.

*FOCUS VERSE: "I will teach you wisdom's ways and lead you in straight paths. When you walk, you won't be held back; when you run, you won't stumble. Take hold of my instructions; don't let them go. Guard them, for they are the key to life." Proverbs 4:11-13*

#### Month 2 - Run With Excellence

**Lesson 1:** Choose to run with moral excellence - A wise runner does what is morally excellent and avoid doing what is wrong.

**Lesson 2:** Choose to run with integrity - A wise runner stays in the 'safe-zone'.

**Lesson 3:** Choose excellent training partners - A wise runner chooses excellent training partners to run with.

**Lesson 4:** Choose to pray excellent prayers - A wise runner prays for wisdom and thanks God for His power and love.

*FOCUS VERSE: "In view of all this, make every effort to respond to God's promises. Supplement your faith with a generous provision of moral excellence, and moral excellence with knowledge." 2 Peter 5:5*

#### Month 3 - Run To Win

**Lesson 1:** Run with endurance - A wise runner runs with endurance stripping off weights that keep them from running.

**Lesson 2:** Run with self-control - A wise runner uses self control to overcome wrong emotions.

**Lesson 3:** Run with discipline - A wise runner disciplines his body training it to do what it should

**Lesson 4:** Run with no distractions - A wise runner stays focused on crossing the finish line to claim the prize.

*FOCUS VERSE: "And now the prize awaits me—the crown of righteousness, which the Lord, the righteous Judge, will give me on the day of his return. And the prize is not just for me but for all who eagerly look forward to his appearing." 2 Timothy 4:8*

### ALL ABOUT WINNING THE BATTLE - QUARTER (coming soon)

#### Month 1 - What You Need To Know About The Devil

**Lesson 1:** Deceiver - He is the father of lies

**Lesson 2:** Destroyer - He comes to steal, kill, and destroy life

**Lesson 3:** Earthly Ruler - The only power he has over us is what we give

**Lesson 4:** Accuser - He wants to make us feel guilty and unworthy of God's love

*FOCUS VERSE: Stay alert! Watch out for your great enemy, the devil. He prowls around like a roaring lion, looking for someone to devour. Stand firm against him, and be strong in your faith. 1 Peter 5:8-9*

#### Month 2 - What You Need To Know About Your Battle Gear

**Lesson 1:** Your armor helps you stand firm

**Lesson 2:** Your Mind is the Battlefield

**Lesson 3:** Your prayers release God's power

**Lesson 4:** You are armed and dangerous!

*FOCUS VERSE: Put on all of God's armor so that you will be able to stand firm against all strategies of the devil. 12 For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places. Ephesians 6:11*

#### Month 3 - What You Need To Know About The Battle

**Lesson 1:** Know where your help comes from

**Lesson 2:** Know who you are

**Lesson 3:** Knowing who's really in charge

**Lesson 4:** Know who your fight is really with

*FOCUS VERSE: So humble yourselves before God. Resist the devil, and he will flee from you. Come close to God, and God will come close to you. James 4:7-8*

### ALL ABOUT MY HELPER - QUARTER (coming soon)

#### Month 1 - WHO IS MY HELPER?

**Lesson 1:** The Holy Spirit is my helper.

**Lesson 2:** The Holy Spirit is all powerful

**Lesson 3:** The Holy Spirit lives in every believer.

**Lesson 4:** The Holy Spirit leads us to God's truth

*FOCUS VERSE: For we know how dearly God loves us, because he has given us the Holy Spirit to fill our hearts with his love. Romans 5:5*

#### Month 2 - WHY DOES THE HOLY SPIRIT LEAD ME TO TRUTH?

**Lesson 1:** His truth helps me avoid Satan's lies.

**Lesson 2:** His truth helps me change my bad habits.

**Lesson 3:** His truth teaches me to choose wisely.

**Lesson 4:** His truth helps me find intimacy with God.

*FOCUS VERSE: And I will ask the Father, and he will give you another Advocate who will never leave you. He is the Holy Spirit, who leads into all truth. John 14:16*

#### Month 3 - WHAT HAPPENS WHEN I SURRENDER TO THE HOLY SPIRIT?

**Lesson 1:** Serving without offense

**Lesson 2:** Serving builds character

**Lesson 3:** Serving produces fruit - part 1

**Lesson 4:** Serving produces fruit - part 2

*FOCUS VERSE: And the Lord—who is the Spirit—makes us more and more like him as we are changed into his glorious image. Galatians 5:13*

